



Bannockburn Lunch Program Menu

In Partnership with **PUSATERI'S**
FINE FOOD CATERING

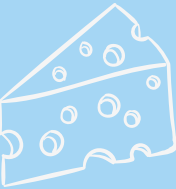
SANDWICHES & WRAPS

Dill Chicken Wrap Roast chicken salad in tortilla wrap	\$7.99
Tuna Salad Wrap Flaked tuna salad in tortilla wrap	\$7.99
Ham & Cheese Sandwich Black forest ham and swiss cheese on white bread	\$7.99
Bagel with Cream Cheese Plain bagel, untoasted, with cream cheese	\$3.99
Egg & Tuna Party Sandwiches Variety of 3 each of tuna & egg on white sandwich bread with carrot sticks and celery sticks	\$7.99
Turkey Mini Bites Roast turkey, cheddar cheese, blueberry aioli on a French bun	\$3.99

SALADS

All Salads are \$4.00

Caesar Romaine lettuce, parmesan cheese, croutons and asiago dressing
Garden Mixed greens, tomatoes, carrots, peppers & balsamic vinaigrette
Greek Romaine lettuce, peppers, red onions, cucumbers, black olives, & red wine vinaigrette
Quinoa Quinoa, tomato, cucumber & lemon vinaigrette
Three Bean Chickpea, green beans, red kidney beans, corn & apple cider vinaigrette





SNACKS

Chips & Salsa	\$4.00	Fresh Fruit Cup	\$3.00
Tortilla Chips & Mad Mexican Salsa		Variety of seasonal fruit	
Pita & Hummus	\$4.00	Whole Fruit	\$2.00
Pita chips & house made hummus		Seasonal	
Edamame	\$3.00	Yogurt	\$2.00
Steamed & seasoned		Variety	
Cheese & Crackers	\$4.00	Made Good Bars	\$2.00
Jacob's Cream Crackers & cubed cheddar		Chocolate & Banana or Vanilla Crispy squares	
Cucumbers & Peppers	\$4.00		
Variety of peppers			



A LA CARTE

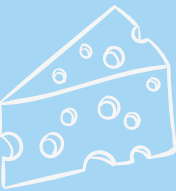
***Small Size \$6.99**

(2oz Meat/Cheese/Alternatives, 4oz Bread/Grains/Noodles/Rice, 3oz Fruit/Vegetables)

***Large Size \$7.99**

(3oz Meat/Cheese/Alternatives, 5oz Bread/Grains/Noodles/Rice, 4oz Fruit/Vegetables)

Pizza Stix	\$4.00	Grilled Cheese	\$6.00
Two crispy pizza sticks		Classic slow grilled cheese with cheddar on white bread	
Spaghetti & Meatballs*	\$6.99 or \$7.99	Chicken Bites	\$5.00 or \$7.00
		Small (4 oz) \$5, Large (7oz) \$7	
Chicken Stirfry*	\$6.99 or \$7.99	Steamed Vegetables	\$4.00 or \$6.00
Includes brown rice & vegetables		Small (4oz) \$4, Large (6oz) \$6	
Beef Stirfry*	\$6.99 or \$7.99	Teriyaki Salmon*	\$6.99 or 7.99
Includes brown rice & vegetables		Includes brown rice & vegetables	
Cucumber Sushi	\$4.00 or \$8.00		
Small (4 piece) \$4.00, Large (8 piece) \$8.00			
Mac & Cheese	\$4.00 or \$6.00		
Small (6oz) \$4.00, Large (9oz) \$6.00			



WEEK ONE ENTREES

***Small Entrée \$6.99**

(2oz Meat/Cheese/Alternatives, 4oz Bread/Grains/Noodles/Rice, 3oz Fruit/Vegetables)

***Large Entrée \$7.99**

(3oz Meat/Cheese/Alternatives, 5oz Bread/Grains/Noodles/Rice, 4oz

MONDAY

PENNE TRE POMODORO WITH MOZZARELLA & GREEN BEANS

Tomato based sauce with mozzarella & side green beans

CHICKEN CACCIATORE WITH MASHED POTATO & GREEN BEANS

Tomato based chicken stew with mashed potatoes & side green beans

TUESDAY

MARGHERITA PIZZA WITH ROASTED CAULIFLOWER

Tomato & Cheese pizza with side roasted cauliflower

MEAT LASAGNA WITH ROASTED CAULIFLOWER

WEDNESDAY

CHEESE PEROGIES

Potato & fried onion perogies with sour cream & side steamed broccoli

CRISPY CHICKEN BITES

Crispy chicken tenders with plum sauce, fries & side steamed broccoli

THURSDAY

QUESADILLAS

Vegetable quesadilla with sour cream, salsa & a side of fries

CHILI

Mild beef chili with side crackers

FRIDAY

CHEESE AGNELLOTTI

Folded pasta filled with cheese in tomato sauce & side mixed vegetables

FISH & CHIPS

With tartar sauce & side mixed vegetables

GLUTEN FREE OPTIONS

MAC & CHEESE

Mac & cheese pasta with side steamed vegetables

GRILLED CHICKEN

Grilled chicken with roasted potatoes & side steamed vegetables



WEEK TWO ENTREES

***Small Entrée \$6.99**

(2oz Meat/Cheese/Alternatives, 4oz Bread/Grains/Noodles/Rice,
3oz Fruit/Vegetables)

***Large Entrée \$7.99**

(3oz Meat/Cheese/Alternatives, 5oz Bread/Grains/Noodles/Rice, 4oz

MONDAY

TORTELLINI

Pasta filled with cheese in tomato & cream based sauce & side vegetables

BUTTER CHICKEN

Indian style chicken stew with steamed basmati rice & side vegetables

TUESDAY

SAMOSA

Mini vegetable samosa with plum sauce & side steamed broccoli

CHICKEN NUGGETS

With BBQ sauce, fries & side steamed broccoli

WEDNESDAY

SPANOKAPITA TRIANGLES

Flakey triangles filled with spinach, ricotta, feta, & side roasted cauliflower

MEAT LASAGNA

With side roasted cauliflower

THURSDAY

ARANCINI

Mini cheese rice balls with marinara sauce & side green beans

RAVIOLI

Pasta filled with veal, ricotta & spinach with tomato sauce & side green beans

FRIDAY

PENNE

With mozzarella in tomato and cream based sauce & side broccoli/cauliflower

EMPANADA (This entree only comes in the Large size)

Flakey beef empanada & side broccoli/cauliflower

GLUTEN FREE OPTIONS

PENNE TRE POMODORO

Tomato based sauce with mozzarella & side steamed broccoli

GRILLED SALMON

Grilled salmon with roasted potatoes & side steamed broccoli



WEEK THREE ENTREES

***Small Entrée \$6.99**

(2oz Meat/Cheese/Alternatives, 4oz Bread/Grains/Noodles/Rice, 3oz Fruit/Vegetables)

***Large Entrée \$7.99**

(3oz Meat/Cheese/Alternatives, 5oz Bread/Grains/Noodles/Rice, 4oz

MONDAY

PASTA AL FORNO

Baked penne pasta with mozzarella & tomato sauce with side broccoli/cauliflower

CHICKEN PANSIT

Filipino style noodles with chicken & vegetables

TUESDAY

SPRING ROLLS

Vegetable spring rolls with plum sauce & side green beans

MEATLOAF

BBQ glazed sliced meatloaf with mashed potatoes & side green beans

WEDNESDAY

RAVIOLI

Mini pasta filled with cheese in tomato sauce & side steamed broccoli

MEATBALLS

Turkey meatballs in tomato sauce with roasted potatoes & side steamed broccoli

THURSDAY

SPANAKOPITA (This entree only comes in the Large size)

Flakey pastry filled with spinach, feta and ricotta with side mixed vegetables

PASTA FAGIOLI

Hearty Italian chicken noodle stew & side crackers

FRIDAY

CHEESE LASAGNA

with side broccoli/cauliflower

QUESADILLAS

Chicken quesadilla with sour cream, salsa, & side sweet potato fries

GLUTEN FREE OPTIONS

FUSILI

In tomato and cream based sauce & side roasted cauliflower

MINI FRITTATA

Chicken, broccoli & mozzarella frittata & side roasted cauliflower

